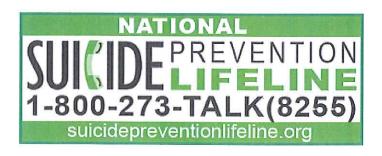
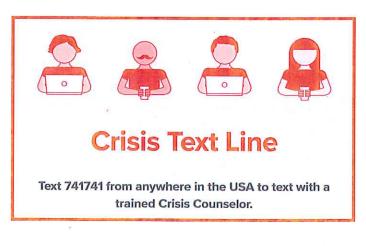
ADDITIONAL RESOURCES



- The Lifeline provides 24/7, free and confidential support for people in distress,
- The also provide prevention and crisis resources for you or your loved ones
- Calls to 1-800-273-TALK are routed to the nearest crisis center.
- Counselors at these centers can then provide appropriate local resources if needed.



- First, you're in crisis. That doesn't just mean suicide: it's any painful emotion for which you need support. You text us at 741741.
- The first two responses are automated. They tell you that you're being connected with a Crisis Counselor, and invite you to share a bit more.
- The Crisis Counselor is a trained volunteer, not a professional. They can provide support, but not medical advice.



24-Hour Crisis Hotline:

(480) 784-1500 or (800) 273-8255 24-Hour Mobile-Crisis Assessment Team Transport Services



24/7 Access Point serves primarily as an entry point for transfers, walk-ins and drop-offs and provides 24-hour triage, assessment, brief intervention, and transition support. Call the 24/7 Peer Access to Care Line 877-931-9142.



